



Starter:

1. Write $\frac{1}{5}$ as a percentage
2. Write $\frac{1}{8}$ as a percentage
3. Write $\frac{23}{50}$ as a percentage
4. Calculate the speed in kmh if you travel 120 km in 3 hrs.
5. Calculate the speed in kmh if you travel 80km in 2 hours 30 mins.

Skills:

1. Calculate the percentage increase from 80kg to 100kg.
2. Iolo's heart rate is 85 beats per minute. It increases after exercise to 110 beats per minute. What is the percentage increase in heart rate?
3. Carys is losing weight. Her weight at the start of the month was 75kg. Her weight at the end of the month is 70kg. What is the percentage decrease in weight?

Top Tips!

- When finding a percentage change you must compare against the **original**
- $\% \text{ increase} = \frac{\text{increase}}{\text{original amount}} \times 100$
- $\% \text{ decrease} = \frac{\text{decrease}}{\text{original amount}} \times 100$
- You may have to do this with money (profit and loss)
E.g. Seren gets 45 marks in a test. She then revises, gets help and resits the test. She gets 70 marks in the resit. Calculate Seren's percentage improvement.

$$\text{Increase} = 70 - 45 = 25 \text{ marks}$$

$$\% \text{ increase} = \frac{25}{45} \times 100 = 55.5\%$$

Examination Question:

2016 November Numeracy U2 Higher Q4a

Gwenda enjoys road running. She keeps a record of her run each day this week

Day	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
Distance	4.6	5.4	2.2	6.2	7.2	2.2	3.4
Time	26	31	12	35	40	14	22

All distances are in km, all times are in minutes

Last week, her average speed for the week was 9.6 kilometres per hour. Calculate Gwenda's percentage improvement in her average speed from last week to this week. You must show all your working. [6+2]

Assessment for Learning

Video / QR code

**Starter:**

- Write $\frac{1}{5}$ as a percentage
20%
- Write $\frac{1}{8}$ as a percentage
12.5%
- Write $\frac{23}{50}$ as a percentage
46%
- Calculate the speed in kmh if you travel 120 km in 3 hrs.
40kmh
- Calculate the speed in kmh if you travel 80km in 2 hours 30 mins.
32kmh

Skills:

- Calculate the percentage increase from 80kg to 100kg.
Increase = 20kg
% increase =
 $20\text{kg} \div 80\text{kg} \times 100 = 25\%$
- lolo's heart rate is 85 beats per minute. It increases after exercise to 110 beats per minute. What is the percentage increase in heart rate?
Increase = 25 beats per min
% increase =
 $25\text{kg} \div 85\text{kg} \times 100 = 29.4\%$
- Carys is losing weight. Her weight at the start of the month was 75kg. Her weight at the end of the month is 70kg. What is the percentage decrease in weight?
Decrease = 5kg
% decrease = $5\text{kg} \div 75\text{kg} \times 100 = 6.7\%$

Top Tips!

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- $\% \text{ decrease} = \frac{\text{decrease}}{\text{original amount}} \times 100$
- You may have to do this with money (profit and loss)
E.g. Seren gets 45 marks in a test. She then revises, gets help and resits the test. She gets 70 marks in the resit. Calculate Seren's percentage improvement.

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All distances are in km, all times are in minutes

Last week, her average speed for the week was 9.6 kilometres per hour. Calculate Gwenda's percentage improvement in her average speed from last week to this week. You must show all your working. [6+2]

$$\text{Total distance} = 31.2\text{km}$$

$$\text{Total time} = 180 \text{ mins}$$

$$\text{Total time in hours} = 3\text{hrs}$$

$$\text{Average speed for this week} = 31.2\text{km} \div 3 = 10.4\text{kmh}$$

$$\text{Increase in speed} = 10.4\text{kmh} - 9.6\text{kmh} = 0.8\text{kmh}$$

$$\text{Percentage improvement} = 0.8\text{kmh} \div 9.6\text{kmh} \times 100 = 8.3333\%\dots$$

Assessment for Learning**Video / QR code**

